
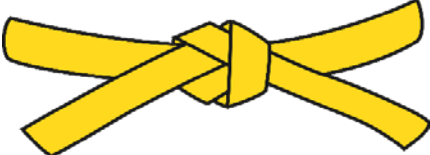
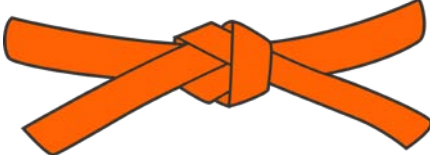
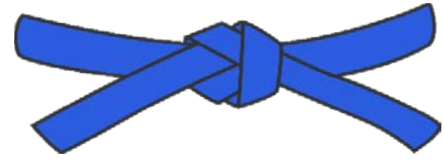
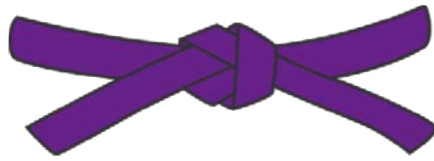


KEMPO KARATE REQUIREMENTS FOR PROMOTION

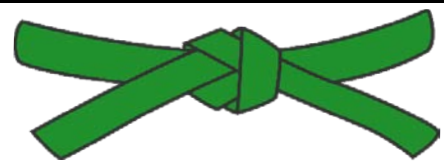
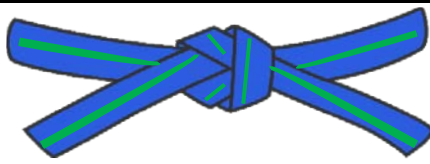
		
	WHITE BELT to EARN YELLOW BELT	YELLOW BELT to EARN ORANGE BELT
BASICS	<p>Attention Position Front Position Elbow Position Relax Position Horse Stance Right Foot Out on Elbows Half Moon Stance Falling Down Backwards</p> <p>Shoulder Roll Kei 5 Rules of Discipline 5 Animals School Creed (2 Verses) Half Mooning</p>	<p>Chinese Leg Maneuvers</p>
PUNCHES	<p>Front 2 Knuckle Back 2 Knuckle Dragon Strike of 2 Finger Poke Poison Snake Hammer Blow to Top of Head Hammer Blow to Temple Knife Hand Shuto to Collar Bone Spearhand Poke to Neck, Solar Plexus & Groin</p> <p>Knife Hand Shuto to Neck Thrust Punch to Solar Plexus Cross Hand Shuto Roundhouse Elbow Upward Elbow Palm Heel Tiger Claw</p>	<p>Palm Heel to Floating Ribs Leopard's Paw Chicken Wrist to Chin or Temple</p>
KICKS	<p>Instep Side Thrust Back Front Ball</p> <p>Heel Crescent Reverse Crescent Stepping Stool</p>	<p>Roundhouse</p>
BLOCKS	<p>8 Point Blocking System</p>	<p>8 Point Blocking System with Counter Strikes</p>
JIU JITSU	<p>Front Choke Back Choke Double Wrist Grab Bear Hug from Behind Double Lapel Grab Single Wrist Grab</p>	<p>Rear Wrist Headlock Front Headlock</p>
COMBINATIONS	<p>n/a</p>	<p>3, 6, 7</p>
KEMPOS	<p>n/a</p>	<p>A, B, C</p>
FORMS	<p>n/a</p>	<p>1 Pinion</p>
KNIVES & CLUBS (teens & adults)	<p>n/a</p>	<p>1-Overhead 1-Straight In 1-Side 1-Slashing</p>



ORANGE BELT to EARN PURPLE BELT

PURPLE BELT to EARN BLUE BELT

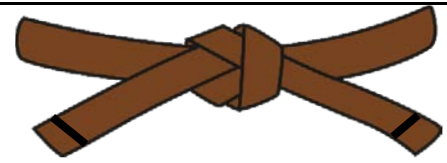
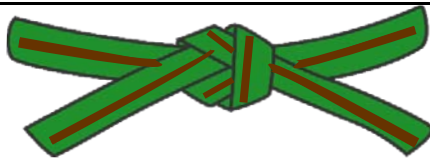
	ORANGE BELT to EARN PURPLE BELT	PURPLE BELT to EARN BLUE BELT
BASICS	Left Toe Cat Stance Right Toe Cat Stance Box Step	Bruce Lee Balance Exercise
PUNCHES	Tiger Mouth Hand Crab Strike Ridge Hand	Eagle Talon Eagles Beak Trigger Finger
KICKS	All Previous Learned	Spin Reverse Crescent Spin Back Kick
BLOCKS	Karate Kid Wounded Tiger	9 through 12 with Counter Strikes Karate Kids with Counter Strikes
JIU JITSUS	All Previous Learned	All Previously learned
COMBINATIONS	3, 2, 4, 5	8, 9, 12
KEMPOS	Crane, Tiger & Dragon	Leopard & Animals
FORMS	2 Pinion	1 Kata and 10 Point Blocking System
KNIVES & CLUBS (teens & adults)	2-Overhead 2-Straight In 2-Side 1-Slashing Stationary knife to stomach, neck & back(Jrs)	3-Overhead 3-Straight In 3-Side 2-Slashing (Jr's Need 1 Each)



BLUE BELT to EARN BLUE W/ GREEN STRIPE

BLUE w/GREEN STRIPE to EARN GREEN BELT

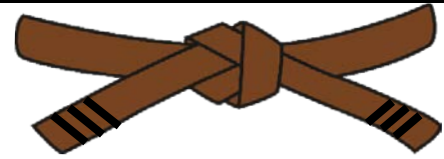
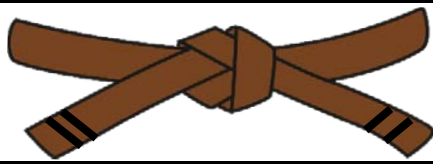
	BLUE BELT to EARN BLUE W/ GREEN STRIPE	BLUE w/GREEN STRIPE to EARN GREEN BELT
BASICS	All Previously Learned	All Previously Learned
PUNCHES	All Previously Learned	All Previously Learned
KICKS	Spin Hook	Kung Fu Crescent
BLOCKS	All Previously Learned	All Previously Learned
JIU JITSU	All Previously Learned	All Previously Learned
COMBINATIONS	10, 14, 18	16, 17A, Advanced 6
KEMPOS	Snake, D, E	All Previously Learned
FORMS	2 Kata	Stature of the Crane
KNIVES & CLUBS (teens & adults)	4-Overhead 4-Straight In 4-Side 3-Slashing (Jr's at least 1 Each)	Adults & Teens – All Previously Learned Jr's – 2 of Each (overhead, straight in, side, slashing)



GREEN BELT to EARN GREEN w/BROWN STRIPE

GREEN w/BROWN STRIPE to EARN BROWN 3rd DEGREE

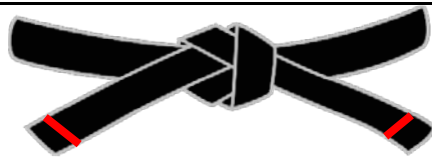
	GREEN BELT to EARN GREEN w/BROWN STRIPE	GREEN w/BROWN STRIPE to EARN BROWN 3rd DEGREE
BASICS	All Previously Learned	All Previously Learned
PUNCHES	All Previously Learned	All Previously Learned
KICKS	Jump Spin Back	Jump Spin Reverse Crescent with Dragon Tail Sweep
BLOCKS	8 Point Blocking System Countering with Opposite Hand	Circling Fists
JIU JITSU	All Previously Learned	All Previously Learned
COMBINATIONS	11, 17B, Advanced 5	15, 26, Advanced 7
KEMPOS	All Previously Learned	All Previously Learned
FORMS	3 Kata	3 Pinion
KNIVES & CLUBS (teens & adults)	Adults & Teens – All Previously Learned Jr's – All Previously Learned	Adults & Teens – All Previously Learned Jr's – 3 of Each (overhead, straight in, side, slashing)



BROWN 3rd DEGREE to EARN BROWN 2nd DEGREE

BROWN 2nd DEGREE to EARN BROWN 1st DEGREE

BASICS	All Previously Learned	All Previously Learned
PUNCHES	All Previously Learned	All Previously Learned
KICKS	Jump Spin Hook	Spin Round House
BLOCKS	All Previously Learned	All Previously Learned
JIU JITSU	All Previously Learned	All Previously Learned
COMBINATIONS	1, 19, Advanced 12	13, 20
KEMPOS	All Previously Learned	All Previously Learned
FORMS	4 Kata 4 Pinion	5 Kata 5 Pinion
KNIVES & CLUBS (teens & adults)	5-Overhead 5-Straight In 5-Side 5-Slashing (Jr's – All Previously Learned)	All Overhead All Straight In All Side All Slashing



BROWN 1st DEGREE to EARN BLACK BELT 1st DEGREE

BLACK 1st DEGREE to EARN BLACK 2nd DEGREE

BASICS	All Previously Learned Material Perfected	A minimum of two years at 1st degree Black Belt is required to be eligible to test for 2nd degree Black Belt. Consistent training during this time frame must be maintained. All requirements for any prior rank must also be demonstrated as required. The final decision for test candidates will be voted on by the Tokyo Joe's Studios Board of Directors.
PUNCHES	All Previously Learned Material Perfected	All Previously Learned
KICKS	All Previously Learned Material Perfected	All Previously Learned
BLOCKS	All Previously Learned Material Perfected	All Previously Learned
JIU JITSUS	All Previously Learned Material Perfected	25 Techniques Total
COMBINATIONS	All Previously Learned Material Perfected	21, 22, 23A, 23B, 24, 25, 26, 27, 28, 29, 30
KEMPOS	All Previously Learned Material Perfected	30 Techniques Total (Adults & Teens)
FORMS	Plumb Tree	6 Kata Honsuki Two Man Fist Set – North Two Man Fist Set – South
KNIVES & CLUBS (teens & adults)	All Previously Learned Material Perfected	3 New Advanced Techniques for each
TAI CHI EXERCISE	N/A	Advanced Snake Extended Wing of the Crane
SPARRING & INSTRUCTION	N/A	Outstanding sparring ability against multiple opponents and a minimum of 100 hours of teaching



BLACK 2nd DEGREE to EARN BLACK 3rd DEGREE

BLACK 3rd DEGREE to EARN BLACK 4th DEGREE

BASICS	All Previously Learned	A minimum of four years at 3rd degree Black Belt is required to be eligible to test for 4th degree Black Belt. Consistent training during this time frame must be maintained. All requirements for nay prior rank must also be demonstrated as required. The final decision for test candidates will be voted on by the Tokyo Joe’s Studios Board of Directors.
PUNCHES	All Previously Learned	All Previously Learned
KICKS	All Previously Learned	All Previously Learned
BLOCKS	All Previously Learned	All Previously Learned
JIU JITSUS	Freestyle (any attack) Required Ground Fighting Ability	Joint Locks must be demonstrated Application and Knowledge of Pressure Points
COMBINATIONS	31, 32, 33, 34, 35	36, 37, 38, 39, 40
KEMPOS	40 Techniques Total	45 Techniques Total
FORMS	Sodanqua Swift Tiger Circle of the Tiger	Nenglis Dragon-Five Animals- Four Winds Invincible Wall
KNIVES & CLUBS (teens & adults)	5 New Advanced Techniques for Each	5 New Advanced Techniques for Each
TAI CHI EXERCISE	Dragon Twisting Crane	Shipargay
SPARRING & INSTRUCTION	Knowledge of advanced sparring drills. Advanced sparring concepts must be demonstrated. A minimum of 200 hours of teaching	Training as a Tournament Judge A minimum of 400 hours teaching
WEAPONS	N/A	Competency with 2 Weapons & 2 Weapons Forms